

Artist Statement

April White

My recent art practice explores everyday moments that are usually vulnerable, hidden, or overlooked, such as yawning, waking up, and sneezing. I am interested in willingly presenting and performing moments that would typically be hidden or concealed. These daily experiences are the most captivating subject matter for me as I feel it is important to slow down and analyze overlooked moments to see what I can learn about them.

Watercolour, animation, and performance art are my media of choice. My process involves exploring self-portraiture by performing for the camera and then painting each animation frame. I appreciate watercolour's capacity to capture the layered and vulnerable nature of people, both literally and metaphorically. Making watercolour animations of myself sneezing, dressing, or yawning is a laborious process that allows me to investigate how routines, rituals, or awkward moments are expressed and controlled.